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# seventeen

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# lifestyle

A photograph of a bedroom with two twin beds, a nightstand with two lamps, a mirror, and a wooden wardrobe. The room has yellow patterned wallpaper and a white lace bedspread. The beds are decorated with yellow and white checkered and pink and white checkered pillows. A wooden nightstand holds two white lamps with cream-colored shades, a clock, and a small tray. A large gold-framed mirror hangs on the wall above the nightstand. A wooden wardrobe is visible on the right side of the room.

**“I have twin beds  
because I like to  
bring friends up  
here with me.”**

ana, 16, weston, ct

17 interior decorator

# sleepover chic

Decorating firm **Irvine, Fleming, Bell** gave Ana's country-house bedroom a sleek vibe.



Name: Ana

Age: 16

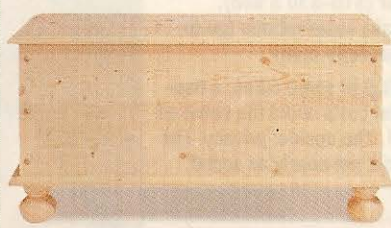
"I chose yellow because I wanted it to be a happy room."



## COUNTRY TOUCH

What you need for a fresh take on traditional decor.

### WOODEN CHEST



Chest, JCPenney, \$90, [jcpenney.com](http://jcpenney.com)

### URN LAMP



Lamp, The Land of Nod, \$69, [landofnod.com](http://landofnod.com) and 800-933-9904

### GOLD MIRROR



Mirror (14" x 14"), The Company Store, \$49, [thecompanystore.com](http://thecompanystore.com) and 800-285-3696

### FLORAL SHEETS



Twin duvet coverlet (top), \$99; white blanket, \$99; and sheet set (bottom), \$49; Pottery Barn Kids, 800-430-7373

**17 TIP:** Checks and floral prints add instant country flavor. To keep yours looking sophisticated, mix and match them with white (like the curtains and bedspreads here).

## 17 how-to: headboard

A pro made this one, but here's how you can get the look.



You'll need: Plywood (38" x 55" for a twin bed), spray-on fabric glue, cotton batting (38" x 55"), fabric (44" x 60"), a heavy-duty staple gun, picture wire, and hooks.

- 1 Spray one side of the wood with glue. Align edges of batting with edges of wood. Press batting into the glue. Let dry completely.
- 2 Spread fabric printed-side-down on the floor. Center wood, batting-down, on fabric.
- 3 Wrap fabric over wood. Pull it taut. Secure with a staple, about an inch in from the edge of the wood. Repeat every few inches around the board's edges. Use picture wire and hooks to hang it behind your bed.